How to Buy Healthier Furniture and Food Service Ware Without Harmful Chemicals







Healthy Babies

Bright

Our home. Our city. Our planet.

A Department of the City and County of San Francisco





Kicking Toxics Out of Furniture

presented by Judy Levin Healthy Babies Bright Cities Webinar/ 05.24.2018



A non-profit organization dedicated to protecting public health from exposures to toxic chemicals.

The Center for Environmental Health works with large purchasers to utilize their buying power to incentivize the production of environmentally preferable products

Indoor Air Quality

- Most Americans spend up to 90% of their time indoors
- Indoor air can have higher levels of pollutants than outside levels
- Impacts health, comfort, well being, and productivity



http://www.epa.gov/iaq/pubs/occupgd.htm



THE "HAZARDOUS HANDFUL"

Flame Retardant Chemicals

Fluorinated Stain Treatments

VOCs (including Formaldehyde)



PVC



Chemical Flame Retardants

Health Concerns

- Reproductive
- Neurodevelopmental
- Immune system impacts
- Cancer
- Migrate out of products: found in humans, breast milk, dust, pets, wildlife, environment
- Do not reduce number or severity of fires in typical furniture





FURNITURE FLAMMABILITY REGULATIONS

TB 117-2013

NOTICE

THIS ARTICLE MEETS THE FLAMMABILITY REQUIREMENTS OF CALIFORNIA BUREAU OF ELECTRONIC AND APPLIANCE REPAIR, HOME FURNISHINGS AND THERMAL INSULATION TECHNICAL BULLETIN 117-2013. CARE SHOULD BE EXERCISED NEAR OPEN FLAME OR WITH BURNING CIGARETTES.

The upholstery materials in this product:

_ contain added flame reterdant chemicals

X contain NO added flame retardant chemicals

The State of California has updated the flammability standard and determined that the fire safety requirements for this product can be met without adding flame retardant chemicals. The state has identified many flame retardant chemicals as being known to, or strongly suspected of, adversely impacting human health or development. TB 133



TB 133 VS TB 117-2013

TECHNICAL BULLETIN 133	TECHNICAL BULLETIN 117-2013
Addresses public buildings / public assembly areas; a voluntary measure IF the area is fully sprinklered	Non-public occupancy or assembly <u>OR</u> all occupancy and assembly types, fully sprinklered
Large open flame test	Smolder test
Typically met using FR-treated fabric, foam, and / or barrier cloth	Can be met without the use of FRs
20% - 30% more expensive to meet compared to TB 117-2013	Less expensive to meet than TB 133

Fluorinated Stain Treatments

- Extremely persistent in environment and may bioaccumulate in people and wildlife
- Migrates out of products
- Exposed via ingestion of contaminated materials, food, (including breast milk) and occupational
- Kidney and testicular cancer, thyroid disruption, elevated total cholesterol, obesity

Recommendation:

Avoid stain or water repellant treatments that contain PFAS-both long and short chain





Volatile Organic Compounds

Affect indoor air quality (IAQ) Exposure: Inhalation, dermal and occupational

Health Concerns:

- Respiratory illness/asthma
- Cancer/Leukemia/Lymphoma
- Decreased Fertility

Recommendation:

- CA Section 01350 (CA Dept. of Public Health) or Greenguard Gold. SCS Indoor Advantage Gold may or may not meet-check certificate.
- Composite Wood should meet Formaldehyde Emissions Standards (CCR, Title 17)



Antimicrobials

- Limited evidence that antimicrobials added to furnishings reduces spread of infection
- Exposed through ingestion, inhalation and dermally
- Endocrine problems, reproductive changes and possible increased allergies in kids.
- Can create "super bugs"

Recommendation: Avoid products with added chemical antimicrobials



Ted Schettler, MD, MPH (Case-Western Reserve University, Harvard School of Public Health



Kaiser's Bulletin on Antimicrobials

BULLETIN KP FACILITIES DESIGN PR	OGRAM								
BULLETIN #: 2015-05									
Approved By: John Kouletsis, AIA, EDAC,	National Facilities Services. Vice President, Facilities Planning and Design								
Topic: Prohibition of Antimicrobial Chemicals in Fabrics, Furniture and Finishes									
Date Issued: October 15, 2015	Contact: Jennifer MacDaniel								
ITEM TYPE:									
New Modification Lesson Learned BULLETIN TYPE:	Infection Prevention Other:								
Recommended Required see exceptions below									
PROGRAM ELEMENT(S) IMPACTED: (Check all that apply) Space Program Functional Program Room Templates Design Criteria Sourcing Strategy MedAsset/KP Select Equipment/Furniture Signage Other- not applicable	BRIEF DESCRIPTION OF CHANGE: Effective immediately, specification of antimicrobial chemical additives or treatments for fabric, furniture, and finishes are prohibited on any Kaiser Permanente project. This prohibition includes all Main Loan Fund, PM&R and Expense projects. What's Changing: As part of an on-going mission to protect public health, Kaiser Permanente seeks to eliminate the specification of antimicrobial chemicals in the projects that we design and build								
POTENTIAL IMPACT TO COST MODEL: Yes ØNo ONOTApplicable Additional Comments: POTENTIAL IMPACT TO PROJECT BUDGET: Yes ØNo ONOTApplicable Additional Comments:	notified of our goal to eliminate the following 13 antimicrobial chemicals or elements 1. Benzisothiazolin 3-one (BIT) 2. Didecyl dimethyl ammonium chloride (DDAC) 3. Diiodomethyl p-tolyl sulfone 4. Hexamethylenetetramine 5. Kathon 888 (CIT/MIT mixture) 8. Methylchlorothiazolinone (CIT, CMIT) 7. Methylisothiazolinone (MIT) 8. N-octadecyldimethyl (3-(trimethyoxysilyl) propyl) ammonium chloride 9. Silver (nano) 10. Silver sodium hydrogen zirconium phosphate 11. Silver zinc zeolites 12. Triclosan 13. Zinc Pyrithione								



Polyvinyl Chloride (PVC)/Vinyl



Problematic throughout life cycle: manufacture, use and end-of-life

Associated Health Issues:

- Neurodevelopmental
- endocrine system disruption
- birth defects
- reproductive toxicant
- cancer

Recommendation:

- Avoid products with PVC
- Small components exemption: > 1% of product by weight



Consider End-of-life At Design Phase

Extend Product Life When Possible

- Redeploy
- Reupholster/ Refurbish/ Remanufacture

Extending Life Has Other Benefits:

- Energy savings
- Landfill avoidance
- CO₂ reduction
- Natural Resource Savings



Need to stop the use of harmful chemicals



ANSI/BIFMA e3-2018 Updated Furniture Sustainability Standard

Credit 7.4.4: Targeted Chemical Elimination

New criterion restricts:

- Flame retardants
- PFAS
- Antimicrobials
- PVC
- Formaldehyde

Can apply to level 1, 2, or 3 products





Specify Products That Meet 7.4.4





Approved State Of New York Furniture Specifications

New York becomes first state to adopt furniture specifications that restrict the "hazardous handful" chemicals



https://ogs.ny.gov/greenny/green-product-specs.asp





Healthier Furniture : "Low Hanging Fruit"

- Healthier People and Communities
- Market is Receptive
- Safer Alternatives Exist
- Cost Neutral or Cost Savings *
- Sustainability success story
- Aligns with organizational mission and values
- Can contribute to valuable LEED points

* Hackensack University Medical Center saved \$65,000 on a \$250,000 spend for lounge furniture



Summary: Ways CEH Can Help

- Educate key staff
- Provide sample letters to suppliers
- For the market (if needed)

easy

- Provide Tech. Specs. for RFPs/RFIs/Contracts
- Identify healthier products within existing contracts
- Survey furniture manufacturers
- Use contract extensions as opportunity for change
- Provide technical assistance



Resources Available





CEHZ

Healthier Furniture

A Guide for Purchasing Furniture Free of the Hazardous Handful Chemicals



- http://www.ceh.org/wpcontent/uploads/FB-Purchaser-Guide-December-2017.pdf
- http://www.healthierhospitals.org/hhichallenges/safer-chemicals





A PRACTICE GREENHEALTH PROGRAM

CENTER for ENVIRONMENTAL HEALTH

Judy Levin, MSW Pollution Prevention Director judy@ceh.org Office: 510-594.9874



Local Action on Toxic Chemicals in Furniture

Jen Jackson, Toxics Reduction & Healthy Ecosystems Program Manager









~29,000 employees

~\$123M budget for materials

~\$354M capital projects

Protecting Air, Land & Water





Employee Health





Furniture



Flame Retardants Antimicrobials Fluorinated Chemicals Phthalates (PVC) VOCs/Formaldehyde Heavy Metals

Opportunity Knocks





Opportunity Knocks





Success!







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10	PRODUCT NAMES (Products	below meet our	criteria only if you follow directi	ons in orange column	e columns) SUMMARY of KEY eco-ordering info						
11	Seating subcategory	Manufacturer	Collection Product Name	Mfr link to product image/specs	High-, mid-, or low-end pricing	Forest Stewardship Council (FSC) Certified (In most cases, manufacturers can make products FSC wood, sometimes with no extra charge)	 Compliant textiles that: Are certified to at least one of the following standards: GOTS, Oeko-Tex 100 or STeP, Cradle to Cradle AND/OR: Does not contain these hazardous handful chemicals:		Hexavalent and trivalent chromium: A components of a furniture assembly with finishes must be consistent with the Rest the Use of Certain Hazardous Substance European Union Directive (EU RoHS) a contain less than 100 parts per million (p weight of the homogeneous material.		
494	Seating: bench, • UPHOLSTERED	HBF	Linea (bench)	hbf.com/products/seatin g/linea-bench	high-end T	Will comply if customer special orders FSC & pays upcharge	Invalid: Input must fall within specified range	Comment to the right for links to compliant fabric naldehyde and other VOCs, antimicrobials, flame Healthier Hospitals Initiative.	Complies per letter from manufacturer		
497	Seating: bench, • UPHOLSTERED	Steelcase	Coalesse Lagunitas Lounge	https://www.Steelcas e.com/products/loung e-seating/lagunitas/	mid- to high-end pricing	https://info.fe=certificate [2] Choose from these C2C or Oeko-Tex certified textiles customer special orders FSC wood			Will comply if customer picks polished al instead of chrome plated steel. Hexavalent complies.		
498	Seating: bench, • UPHOLSTERED	Steelcase	Lounge, Ripple	https://www.Steelcas e.com/products/loung e-seating/ripple/	mid- to high-end pricing	Will comply if Choose from these C2C or Oeko-Tex certified textiles orders FSC wood			Will comply if customer picks polished al instead of chrome plated steel. Hexavalent complies.		
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500	Seating: educational *	<u>KI (Krueger</u> International <u>)</u>	Intellect Classroom Furniture	https://www.ki.com/prod ucts/name/intellect-chair /?type=images	low-end pricing	Not applicable (product doesn't have wood)	Complies if customer asks for tex because they don't have formalder retardants, PFAS. They aren't ce	tiles on page 7 of this Healthier Hospitals link shyde and other VOCs, antimicrobials, flame rtified though.	Complies unless customer special order		
501	Seating: educational *	<u>KI (Krueger</u> International <u>)</u>	Learn2	https://www.ki.com/prod ucts/name/learn2-seatin g/	high-end T	Will comply if customer special orders FSC wood	Not certified but meets #2 if custo page 7 of this link	mer's own material (COM) or buys HH textiles on	Complies unless customer special order		
502	Seating: educational	<u>KI (Krueger</u> International)	Single Pedestal Fixed	https://www.ki.com/prod ucts/name/single-pedest	low-end •	Will comply if customer special	Not certified but meets #2 if custo page 7 of this link	mer's own material (COM) or buys HH textiles on	Complies unless customer special order		
	+ PRODUCT NAMES, SUMMARY of KEY eco-ordering info Total by category. Data source. Disclaimers. Product names & DETAILED green claims Explore										

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Policy/Legislation





Flame Retardants Ordinance





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chemicals

contain NO added flame retardant chemicals

The State of California has updated the flammability standard and determined that the fire safety requirements for this product can be met without adding flame retardant chemicals. The State has identified many flame retardant chemicals as being known to, or strongly suspected of, adversely impacting human health or development.





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Avoiding Hidden Hazards: Guidance for Safer Foodware

presented by Sue Chiang, MPH, MPP 05.24.2018 Healthy Babies Bright Cities Webinar

Endocrine Disrupting Chemicals



- Mimic, block, or change the activity of hormones, even at minute doses
- Can cause diabetes, obesity, reproductive harm, promote cancer, and other diseases
- Fetuses, babies and children vulnerable
- Exposure during critical developmental stages can lead to life-long health impacts.

Per- & Polyfluoroalkyl Substances (PFAS)

- Entirely manmade thousands of formulations in use
- Many are extraordinarily persistent in the environment, cannot be broken down by natural systems
- PFAS are detected in all environmental media air, water, soil, sludge
- Many bioaccumulate in animals at the top of the food chain birds, fish, livestock, and humans
- Environmental persistence leads to global distribution via air and water movement – releases here can be significant for communities on the other side of the world



Some Uses & Sources of PFAS

- Food contact items (containers, pizza boxes, fast food wrappers, etc.)
- Stain repellants for carpets, clothing, upholstered furniture, etc.
- Polishes, waxes, and paints
- Cleaning products
- Cosmetics





Human Exposure Pathways

Major pathways of PFAS

- Diet Fish, seafood, garden produce
- Drinking water
- Incidental soil/dust ingestion
- Inhalation may be significant

Insignificant or minor pathways

• Dermal absorption

1 Oliaei et al., 2013. Environ. Sci. Pollut. Res. Manag. 20:1977-1992 2 Domingo, 2012. Environment International 40:187-195





PFAS Health Effects Summary

Animal toxicity

- Causes liver, immune system, developmental, endocrine, metabolic, and neurobehavioral toxicity.
- PFOA and PFOS caused tumors in chronic rat studies.



 $\uparrow \textbf{cholesterol}$

- ↑ uric acid
- ↑ liver enzymes
- ↓ birth weight
- ↓ vaccine response
- Thyroid disease
- Osteoarthritis

Diabetes

- Testicular and kidney cancer
- Pregnancy-induced hypertension
- Ulcerative colitis
 - Effects in young adulthood from prenatal
 - exposures
 - Obesity in young women.
 - \downarrow sperm count in young men.











Toxic Microwave Popcorn

What We Found

- 100% of the popcorn bags tested had toxic chemicals called per/polyfluoroalkyl substances (PFAS)
- PFAS mimics the hormone estrogen and have been linked to liver and kidney toxicity wee
- According to the FDA, these chemicals in popcom bags rub off on the popcom H
- Our testing included major brands like ACT II, Pop Secret, Orville Redenbacher's, Popweaver, Regal Cinemas, and Clover Valley

Where we Purchased Microwave Popcorn



Microwave Popcorn Bags

Fluorinated Compounds (PFAS) used • for grease-resistance in microwave popcorn bags PFAS mimics the hormone estrogen; linked to liver and kidney toxicity Major brands purchased at Dollar

Stores

https://www.ceh.org/news-events/press-coverage/content/testing-findschemical-additive-microwave-popcorn/



PFAS in Disposable Foodware



Avoiding Hidden Hazards A Purchaser's Guide to Safer Foodware



,enter to	e Environmental Healt	h's Database of	t Disposable Food	Service Ware Products	Tested for Huorinated	Additives							
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NoF	Designer	Plate	15166	White with Flowers 12	Paper (Unknown Coating)	No	No	0%	\$1.00 per 15	\$ 0.07	Manufacturer: Greenbriar International; Purchased at Dollar Tree	https://www.dolart	Peasle Lab
No F	The Home Store Designer	Plate	15164	White with Rowers	Paper (Unknown Coating)	No	No	0%	\$1.00 per 10	\$ 0.10	Manufacturer: Greenbriar International; Purchased at Dollar Tree	Purchased in store	Peasle Lab
No F	Divie	Bowl	SX12PATH	White 12 or Ultra Pathways Heavy Weight Paper Bowl	Paper with "Soak Proof Shield" (Unknown Coating)	Na	No	0%	546.83 per 500	\$ 0.09	Manufacturer: Georgia Pacific; 5-layers	<u>https://catalog.gop</u>	Pead Lab
NOF	Dide	Food Boat	KL300W8	White Kash Look	Plastic Coated Paper	Na	No	Unknown	Unknown	Usknown		https://catalog.gop	Peatle

http://www.ceh.org/disposablefoodware

Disposable Foodware & Fluorinated Treatments



- Fluorinated compounds (PFAS) used in some foodware for water- and grease-resistance
- Can end up in food and landfill/compost
- Minimize use of disposable food service ware and use reusables whenever possible.
- Biodegradable or compostable does not equal safe (BPIcertified or Cedar-Grove Accepted "compostable" products can still have PFAS)

Concerns with Single-Use Food Service Ware



Lifecycle concerns

- Production/Transportation
- Use
- Disposal (waste)
- **Toxic Chemicals**
- Fluorinated Compounds (PFAS)
- Polystyrene



https://huggythemuggy.files.wordpress.com/2011/05/img_2690.jpg



Summary of test results by material type

- Plates, bowls, clamshell containers and food trays
- ALL MOLDED FIBER products tested had high fluorine content



Table 2: Summary of Product Materials and their Fluorine Test Results

Material Type Tested:	Non-Fluorinated	Fluorinated	# of Products Tested
All Molded Fibers including: Recycled Paper, Wheat Straw/ Wheat Stalk, Silver Grass (Miscanthus), Sugarcane Waste (Bagasse), Blend of Plant Fibers		x	73
Paper with Unknown Coatings	X		25
PLA-Lined Paper and Paperboard	X		8
"100% Renewable Resources Lined with PLA"	x		5
PLA	X	1-exception	5
Clay-Coated Paper and Paperboard	x		5
Palm Leaf	x		5
Untreated/Uncoated (Non-Molded) Paper	×		4
PLA-lined Molded Sugarcane/ Bagasse		x	3
Plastic-Lined Paper	X		2
Unknown materials		x	2
Bamboo	×		1



Considerations for Environmentally Preferable Food Service Ware

- Reusable
- Compostable
- Recyclable





- Examples of Additional Environmental Attributes:
 - Recycled content
 - Forest Stewardship Council (FSC) Certified
 - Chlorine-free bleaching



Certified Compostable



Biodegradable Products Institute (BPI) certifies food service ware products as compostable http://products.bpiworld.org/

- Starting in 2019, all new certified products must meet new fluorine restrictions.
- Existing products will be required to meet restrictions by end of 2019.

Composter Approved List

Cedar Grove Composting Facility verifies the compostability of products at its facility (WA)

https://cedar-grove.com/compostable/accepted-items

• Fluorine restrictions policy is still under development







- Styrene is reasonably anticipated to be a human carcinogen (2011, National Toxicology Program)
 - Styrene can leach into food or drinks
- Very difficult to recycle
 - Made from petroleum; ends up in landfills, waterways
 - breaks down into smaller pieces; ingested by animals
 - Products contaminated with food;
- May 2017: Determination that food-service foam "<u>cannot be recycled</u> in a manner that is economically feasible or environmentally effective for NYC"





5 Things Purchasers/ **Organizations Can Do**

- 1. Participate in Product Testing
- 2. Letter to/Discussion with Suppliers
- 3. Use Model Specifications
- 4. Prefer Non-Fluorinated Foodware
- 5. Communication with Certifiers (Compostability/Sustainability)



Database of Products

- Results of product testing is publicly available (Excel file or PDF)
- Findings indicate which products are "fluorinated" or "non-fluorinated"
- Accompanies CEH's Foodware report
 - www.ceh.org/disposablefoodware

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Free Product Testing Available

- Organizations can submit disposable foodware for testing at <u>NO cost</u>
 - Plates, bowls, clamshells, food trays/boats
- Useful information for discussions with suppliers
- Contributes to list of preferred products

To participate, email **foodware@ceh.org**





Letter to/Discussion with Suppliers

- Incentive for manufacturers and distributors to investigate safer alternatives
- Sample language is available
- Create a Race to the Top!



Use Model Specifications

NY's Guidance document: Goal is to increase sustainable practices in the state's food service operations by encouraging the purchase and use of reusable food service containers and establishing minimum specifications for single-use food service containers and wrappers.

- Includes hierarchy of environmentally desirable attributes and excludes products with PFAS and polystyrene
- <u>https://www.ogs.state.ny.us/greenny/Docs/2018/FoodS</u> <u>ervice_Containers_Wrappers.pdf</u>



The City and County of San Francisco also developed specifications

http://mission.sfgov.org/OCA_BID_ATTACHMENTS/FA50491.pdf



Specify Non-Fluorinated/ Sustainable Products

- Purchase reusables whenever possible
- Specify products that are certified compostable <u>and</u> that do not contain fluorinated additives
- Avoid molded fiber and polystyrene foodware
- <u>https://www.ceh.org/campaigns/endocrine-</u> <u>disrupting-chemicals/edc-resources/</u>



Communication with Certification and Standards Organizations

- Let certification/standards organizations know that fluorinated products should not be certified as compostable or sustainable
- Thank BPI for taking prompt action to develop and implement new fluorine restrictions





CENTER for ENVIRONMENTAL HEALTH

Sue Chiang, MPH, MPP Pollution Prevention Director <u>sue@ceh.org</u> Office: 510-740.9389



Local Action: Fluorinated Chemicals in Food Service Ware

Jen Jackson, Toxics Reduction & Healthy Ecosystems Program Manager



Persistent





Highly mobile





Known impacts of certain fluorinated chemicals





Many sources





Source: Green Science Policy Institute, <u>www.greensciencepolicy.org</u>. Reproduced with permission.

PFAS in Food Service Ware





Climate Action Goal – Zero Waste by 2020





Food and food-soiled paper \rightarrow green bin











Final product





Plant uptake?











City Purchasing









Researched Safer Alternatives




New Contract with Updated Specifications





Policy/Legislation









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Join Bright Cities Dearborn, Minneapolis, Salt Lake City, Seattle, Missoula, Anchorage, and Columbia!

Heidi Gerbracht: hgerbracht@hbbf.org @HBBForg

BRIGHT CITIES

Protecting communities from neurotoxic chemicals.

Designed by Healthy Babies Bright Futures, the Bright Cities program works with local governments to reduce their community's exposures to "brain drain" chemicals. Neurotoxic chemicals are interfering with the ability of our children to learn and thrive. The Bright Cities program is designed to lower the levels of these chemicals in air, water, food, soil and the products we use every day. In time, lower exposures will result in babies with a lower incidence of learning disabilities, attention deficit disorders, behavior problems and low birth weight.







A Department of the City and County of San Francisco

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Thank you!