



# SAFER CEREALS

## FOR YOU AND YOUR KIDS

The Center for Environmental Health found high levels of glyphosate, a toxic chemical, in many oat cereals. Read on to find out more.

### GLYPHOSATE

**Glyphosate, often sold as Roundup, is the most widely used pesticide in the U.S.**



#### KEY FINDING

**82%** of oat cereals tested positive for glyphosate

These include major brands such as Gerber, Cheerios, Quaker Oats, and store brand “O” cereals from Target, Safeway, Walmart, Dollar Tree, and Trader Joe’s.

#### HEALTH IMPACTS

- Birth defects
- Reduces sperm production
- Damages liver and kidneys
- Disrupts bodies' hormones
- Causes cancer

### SAFER ALTERNATIVES



Buy **organic** whenever possible. Organic cereals tested negative for glyphosate.

**TAKE ACTION!**

Dollar stores currently do not offer organic oat cereals. Please ask the store managers to carry them.

